



Light up the lake with a glow run

Eastside Animal Center

20th-Annual

Dog-N-Jog (Dogs Optional)

Glow sticks
provided!!

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Date: September 15, 2022

Race time: 8:00 p.m.

Pre-register by: September 1st

Entry fees:

- \$20.00 runners ages 18 and under and 55+
- \$25.00 for all other runners
- *Entries received after 9/1 will not receive t-shirts on race day— **an order will be placed following**

****Race day registration at 7:30 p.m.**

EVENT DESCRIPTION:

Your participation is greatly appreciated and will benefit the Gothenburg United Fund. The runs included in this event are intended to be fun.

Dogs are welcome but not required!

LOCATION:

The start will take place at Lake Helen (on north side of town- take HWY 30 to Lake Ave, turn north approx. 1 mile)

NOTES:

Please remember—have your pet wear their current ID & rabies tags, clean up after your dog, and use a six-foot or shorter leash.

**Run your mutt off in a 5 K
run or 1 mile fun run/walk
- Dogs optional!!**



Proceeds will benefit the Gothenburg United Fund. Long Sleeved T-shirts provided to all pre-registered participants.

Hosted by:



EASTSIDE ANIMAL CENTER

Caring is our business!

For more information call:
308-537-7549

Mall form and entry fee to:
(checks payable to Eastside Animal Center)

Eastside Animal Center
805 Avenue I
Gothenburg, NE 69138

Phone: 308-537-7549
Fax: 308-537-7469

**They are long sleeve shirts
this year!**

Name _____

Address _____

Phone _____

Adult T-shirt Size: S M L XL XXL
Youth T-shirt Size: 2T 3T 4T youth XS
Youth S Youth M Youth L

Race Type: 1 mile 5K

Sex _____ Age on race day _____

Waiver: This waiver release, and covenant not to sue and indemnification Agreement, (Agreement) must be signed by runner/walker and owner of dog to be accepted. It must be signed by parent or guardian of any runner/walker under the age of 18 years. I give and agree to the following Agreement in one or more of the following capacities and for and on behalf of the following (1) for myself in all cases, whether or not a participant, (2) for my child if a participant in the race; and (3) for my dog. I have been advised and understand the following WARNINGS and DISCLOSURES: (1) running in a fun run is dangerous and potentially hazardous activity; (2) no person or dog should enter unless properly able and properly trained; (3) all participants and dogs assume any and all risks associated with participating in this event, including, but not limited to: falls, contact with other participants, dog bites, tripping, motor vehicles, the effects of weather and the condition of the path. Having been given these warnings and disclosures, and the consideration of and as a condition of you accepting my entry, I hereby waive, for and behalf of myself, my dog and my child participant, if under 18 years of age, and release and forever discharge and covenant not to sue, and further agree to hold harmless and indemnify Eastside Animal Center, and any and all sponsors of the event, their agents, servants, employees, assigns or anyone acting on their behalf from any and all claims, demands, causes of action or other relief for damages for personal or bodily injury

Runner/Walker Signature _____ Date _____

Owner of dog Signature _____ Date _____

Signature of parent or guardian if under 18 years of age. _____ Date _____